



WICK COTTAGE NEWSLETTER 3



21.4.22



SPRING IS HERE!

*Welcome and hope you had a good Easter? Longer days and warmer weather are beckoning!
The perfect time to tidy up the garden and Spring clean and brighten our homes.*

SPRING CLEAN.

There is something so satisfying about having a good Spring clean! Out with the old and in with the new! Especially if the old can do someone else good, recycle, re-use and donate.

One of my favourite things to do is re-vamp tired pieces of furniture and transform them with a lick of paint.

It's wonderful what you can achieve with paint and new door handles!



UPCYCLE!

Upcycling furniture is an inexpensive way to furnish a home, charity shops, second hand shops, IKEA, and Gumtree are all good sources for projects.

The key is to use decent paint, and don't lay the paint on too thick!- add water and use a flicking action as you paint!

But I digress... this is a whole other newsletter in itself!





SEASONAL INTERIOR PERSONALITIES.

We are all unique and we are all drawn to different things, especially when we are choosing colours and furnishings for our home.

Colour has a profound effect on our lives and it works on a subconscious level, it influences us faster than images and words and really does reach us on a 'gut level'!

There are so many Scientific studies on colour, for example, colour being light and energy- but I am no Scientist! - I'll let you do the research!

However there are 16 million different colours, so there are plenty to choose from!



COLOUR PSYCHOLOGY

We each have pre-conceived ideas about colour, you may hate a certain colour or hue because it is linked to a memory, for example, the colour of your school uniform! Mine is brown, I hate it because it reminds me of a 'Charlie's Angels jumpsuit I had as a child! my sister had navy blue- which was nice!

Colour resonates with us at a deeply personal level.



The same can be said for your favourite colours; the colour of your favourite grandma's apron, a favourite flower, sweater etc...



SEASONAL PERSONALITY!



The four seasons have very different personalities. Each providing choices of not only colour, but, texture, pattern and shape.

When you are reading the attributes and looking at the colour palette for each one, try to focus on how they resonate with you on a personal level and not how you represent yourself at work or home.

You may even find that you have a dominant season and a secondary one also - this is the aim!

SPRING ATTRIBUTES

*Bright.
Sparkling.
Forward thinking.
Creative.
Friendly.
Cheerful.*

*Communicative.
Positive.
Optimistic.
Impulsive.
Enthusiastic.
Approachable.*



These people tend to be good at thinking on their feet, brimming with ideas, they love to work with others and are excellent communicators. They love to multi-task and tend to be infectiously enthusiastic and bright. They are fun-loving and love bringing teams together!

Downsides to this energy is they can flit from one idea to the next and can be perceived as unreliable.

SUMMER ATTRIBUTES

*Understated.
Elegant.
Calm.
Serious.
Efficient,
Misty.*

*Organised.
Reliable.
Reserved.
Supporting.
Luxurious.
Perfectionist.*



The Summer personality is a graceful soul who has a strong romantic side, they take a more measured approach to everything and can be quite serious, they are organised and efficient and strive perfection.

They are less likely to be found jumping up and down with excitement.

They tend to be reserved and are good observers. The downside to this personality is they can have unrealistic expectations as they strive for perfection and they can often be seen as stand-offish or even aloof.

AUTUMN ATTRIBUTES.

*Passionate.
Friendly.
Loyal.
Energetic.
Authentic.
Cosy.*

*Ambitious.
Reliable.
Fiery.
Lifelong- learners
Warm
Nostalgic.*



The Autumn personality is a warm and friendly soul, they have a real love for the natural world, they are loyal and will rarely let anyone down.

They are independent, energetic and enthusiastic.

They make excellent campaigners as they tend to have a strong sense of justice, they value authenticity and integrity above all else.

They are also lifelong learners, always reading and holding a fascination for history.

The downside to this personality is they can be bossy, stubborn and struggle to see things from others' perspectives and they can hold on to baggage for far too long, both emotionally and literally.

WINTER ATTRIBUTES.

*Dynamic.
Luxurious.
Dramatic.
Decisive.
Ambitious.
Glamorous.*

*Focused.
High - achieving.
Strong.
Grounded.
Pioneering.
Aspirational*



The Winter personality is a very grounded and ambitious, they tend to be self- assured and intelligent.

They are focused and decisive decision makers who have a love of all things luxurious.

They tend to be glamorous but also in an understated way. They love designer labels and anything of the moment, for example the latest tech and gadgetry!

The downside of this personality is they can often be perceived as cold and insensitive and they can alienate people with their detached demeanor, as they don't suffer fools gladly.

YOUR SEASONAL PERSONALITY!

Hopefully you will now have an idea of which Seasonal Interior personality you are drawn to just by determining your attributes? Next month we will explore this further as you add colour choices to the mix and then help you to build a picture of your dream interior!



Here are some of this month's makes!

APRIL NEWS!



A big thank you to my lovely customers and looking forward to this months makes!



Thank you for taking the time to read this months newsletter and hopefully discovering your Seasonal Interior personality!



Next month: Interior personality colours part 2!

Take care, see you soon

Bev x

